



**GENERAL GYMNASTICS DEVELOPMENT MEETING  
MINUTES  
10<sup>th</sup> April 2022 10.30AM**

**1. Welcome & Introduction.**

Present

Lisa Davis – NLGA  
Charlotte Barker – Aireborough  
Kirstie Whittles – Phoenix  
Rachel Revell – Brumby  
Susan Shaw – Barnsley Premier  
Eva Nobbs – Wetherby  
Peter Brooke – Goole  
Dorothy Wood – Nidderdale  
Christine Bowker – Greenhead  
Kate Storr – Grimsby & District  
Olivia Gaunt – Gym Magic  
Kayleigh – Ecco  
Josie Beatson – SIV  
Allison Steadman – Allegro  
Bonnie – TK Gymfit

Apologies

Helen Monks – Rothwell  
Rick Brady - Brumby

**2. Approval of Minutes from Development Meeting 30<sup>th</sup> January 2022**

Proposed – Lisa Davis, Seconded – Kate Storr  
Approved by majority show of hands – no objections

### 3. Update from BOC

- Charlotte Barker now attending the BOC meetings as Vice Chair.
- There was a discussion regarding the demarcation between the different disciplines. After a long and healthy discussion, it was decided that GG competitions would revolve around the GG syllabus. The Exec. Committee will review our current 4PC criteria to double check that all skills fall within the GG syllabus.
- Charlotte will check it over, update the GG Website and email clubs to inform them of any major changes.
- Next BOC meeting is 19<sup>th</sup> April.
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### 4. Website

- Website has been updated with an events calendar. It's linked to the website and has the venue addresses in the details of the event. Events can also be added to your own calendars from our events calendar.
- Events will have a description and be linked to the BG website for competition entries.
- There is also a section for advertising for coach/judge/admin. vacancies. **If you would like to send an email through to the exec address for an advert to be put on the GG website – this service is free of charge.**

### 5. Education & Development

- The officers have nothing to report but can confirm that the North West have some judging courses coming up.
  - 11/09 – F&V L1
  - 09/10 – F&V L2
- We've sent an enquiry in to Annika & Lisa will be chasing for an update.
- There will be online courses with face-to-face exam after the summer. I have also put together a reference with A & B elements for floor and am planning to do the same for bars and beam. If anyone wants a copy, send me an email. (Christine)
- We will put links to the courses on the website as dates come through & Charlotte will put them on the home page banner. (Lisa)

### 6. 2022 Competition Calendar Events

- We are currently using version 2.2 for the Girls F & V criteria and version 2.1 for the boys. This is for the April heats and the finals in May. Any tweaks have been made and skills that have been accidentally dropped off added back in.
- How similar is the F&V judging criteria to the WA? Is there a syllabus? (Christine)
- Ours is generic but less harsh than WA. WA have deductions of 0.1, 0.3 & 0.5 whereas GG have 0.1, 0.2 & 0.3 for general deductions. (Lisa)
- Boys' competition entry is going live on BG today.
- **REMINDERS TO CLUBS**
- **Only five gymnasts can be entered per age group and difficulty level. Any entries above this should be sent separately on the additional entries form. We can generally accommodate any additional gymnast you enter.**
- **If a competition is overwhelmed with entries, you may be asked to attend one of our other heats. This is at the discretion of the competition co-ordinator but would normally work on a last in basis.**

- Is the same for the Novice & Novice+? (Eva)
- This would depend on the number of gymnast being entered but we would ask that an in-house comp is held to decide which gymnasts you want to enter. Novice completion is for gymnasts with no 4PC experience & Novice+ is for gymnasts that have some 4PC experience. There is guidance for eligibility in the Handbook.(Lisa)
- The additional entries form is available of the Website. (Charlotte)
- We're still waiting on BG to confirm the updates to our Handbook. We would also politely request that if you are entering 20+ gymnasts, would send additional judges. This is also in our Handbook. (Lisa)
- The 3 & 4 PC GG competition is on Sunday 26<sup>th</sup> June at Allegro. It will be using the same criteria as the December 2021 competition (pending final review).
  - 3PC – floor & vault + bars
  - 3PC – floor & vault + beam
  - 4PC – floor & vaults + bars & beam
- There could potentially be 48 competitions going on!!

### **Novice & Novice+**

- The 4PC working party have generate the criteria and our thanks to the clubs that have taken part and helped with this.
- What are your thoughts on it? (Lisa)
- Struggling to find enough simple moves to create routines. Forward Roll isn't on the list and wouldn't be credited as an allowable move. (Eva)
- It should be listed and may have been missed off in error. (Lisa)
- There's a bonus for the split leap but it's not on the list. (Kate)
- These are uncoded moves in addition to what's on the list. (Lisa)
- Does the forward roll need to stand, or can it go to straddle sit? (Eva)
- Forward Roll should be added to the uncoded moves.(Christine)
- They're listed as separate moves in the GG criteria (Charlotte)
- To feet or optional exit? Added. (Lisa)
- Star Jump? (Eva)
- It should be uncoded and popular A elements. There are too many to list all the moves. What do we have at Adv+ on floor? What else is in the code that would be appropriate? (Lisa)
- Side split, star jump....(Christine)
- We already have straight jump and I have no objection to adding star jump. Handstand on its own is uncoded. (Lisa)
- Handstand with optional leg position? (Charlotte)
- What's not on the list that you would like to see? ½ turns? (Lisa)
- Full turns is now am A, no longer a B (Christine)
- Splits? (Eva)
- Splits are uncoded (Christine)
- We tried to move away from held moves, and we don't have a balance category. We could add arabesque (into forward roll out?) and Y-balance? (Lisa)
- They would both be nice to include (Kate)
- Jump, kick or press to handstand and Hecht roll are A moves (Christine)
- We will send through a list of A moves to attach to the criteria (Charlotte)

- Do we have enough leaps for the dance passage? We have acro forwards, acro backwards, acro sideways, 360° spin and mixed series. With the additions, do you have enough to create routines? (Lisa)
- Are there any elements on beam that shouldn't be included? (Christine)
- Change leg leap. Generally, if it's in the GG syllabus and the coach is appropriately qualified to teach the skill, then we let it stand. We trust the coaches to know what they can and can't teach. (Lisa)
- **Novice & Novice+ Competition is on Saturday 25<sup>th</sup> June at Allegro.** The criteria have been put out to the clubs and is good to go.
- On beam, any A move is acceptable. We have a mount and dismount and then 4 moves on the beam.
- Do straddle lever and front support count as mounts? (Eva)
- I've no objection to them as long as they are done well. V-sit? (Christine)
- We'll put V-Sit in as uncoded. Are we also adding arabesque & Y-balance? Should releve ½ turn count as move or are we sticking with ½ spin? (Lisa)
- It would help to have it as a move (Eva)
- We'll add releve ½ turn as a move but keep the ½ spin as the CR. I am happy to include the uncoded elements and A moves in the criteria. (Lisa)
- Are there any other dismounts that could be added? Run and 2 footed jump or standing jump? (Eva)
- We could include straddle and star jump, but not tuck jump. Any other dismounts? (Lisa)
- Round off, cartwheel straight jump and handspring? (Christine)
- If we have round off, then we have to include handspring (Lisa)
- Free cartwheel? (Christine)
- No, not at this level. Any objections to run with 2 footed jump (straight/straddle/pike)? (Lisa)
- Could say run with 2 footed dismount with optional jump? (Christine)
- We'd need to specify no rotations or turns. (Lisa)
- If we still struggle with finding enough elements, how would they fare with a short routine? (Eva)
- It would be a 0.5 deduction from the execution for the missing move and 0.5 from the SV.
- Bars – it's a short 4 skill routine. Are there any additional skills that you think might need to be included? (Lisa)
- Undershoot & Free Undershoot? (Eva)
- No uncoded elements (Christine)
- The majority of the skills are uncoded (Lisa)
- No baby giants (Christine)
- We're looking at a single bar routine. Could have jump from springboard into back circle? We could allow the gymnasts to stand on springboards, 2 if they really need it. (Lisa)
- Jump to front support? (Kate)
- I don't mind, but I would like to see an actual jump. (Lisa)
- We could have it as uncoded, give the move but no bonus. (Kate)
- Ok, that sounds good. (Lisa)
- Vault is tariffed in line with GG.

U8 & U10 – 60cm min. for flat back & 80/90cm for straddle vaults

U12 – 100cm & 90cm for flatback

13+ - 110cm & 90cm for flatback

- Bonus for layout squat and straddle vaults at judges' discretion ( must be above horizontal to count)

#### 4PC Pathway

- We're still playing with the name for our 4PC pathway.
- We have the suggestion of what our 2023 competition pathway should look like. We also have a draft criteria that is ready for checking.
- We may need to include fewer uncoded elements, especially for the higher levels (Christine)
- We'll put it back to the working party to look at. (Lisa)

#### 7. AOB

- Vault heights and tariffs have been carried over from the last meeting. We had a concern from the November 2021 competitions that gymnasts were going for the higher tariff vaults which were not competition ready. Those gymnasts still ended up with higher scores than the other vaults that were performed we couldn't find enough deductions to bring the scores down. (Kirsty W)
- I found some additional deductions that could be applied in the criteria. We need to make sure to bring the deductions to the judges' attention and also, that the head judge could ask them to perform an alternative vault. (Lisa)
- Could implement a red card system? If the judges see something they deem to be unsafe, the coaches are notified. (Peter)
- The judges should be influenced by what they see during the apparatus warm up. Perhaps we should be looking at reducing the tariff (Dorothy)
- What's the tariff for the handspring vault? (Christine)
- 14.00 (Charlotte)
- We could reduce the tariff to 13.50 and highlight the available deductions that could be applied to the vault. (Lisa)
- We'd need to look at reducing the tariff on the other handspring type vaults (Charlotte)
- I think we need to leave it in place for this event and review for our next events. (Lisa)
- We need to add and highlight the deductions in the judges meeting. Also, feedback forms for our events. (Charlotte)
- We need a feedback form that's generic enough that any attendee can complete it. It will hopefully help up improve our events (Lisa)
- Gymnasts that have previously competed at grades but will not be competing in the coming year. Are they welcome to attend the GG events? Could they compete in the Adv+ category?
- They could attend and compete but not medal (Lisa)
- If they competed at Zinc/Copper last year, could they take part as a guest this year and compete next year? (Bonnie)
- This would need to be discussed between the Execs., but we could take it on a case b case basis. (Lisa)



- Can those that have competed Club Grades take part in the Novice+? (Kate)
- Yes, that's fine (Lisa)
- We'll need to bar any gymnasts that have competed National, Compulsory & Regional Grades 2 & 3. (Christine)
- That's a good idea (Kate)
- We'll add that into the next meeting (Lisa)

Meeting Closed 12.45pm

