



## **GENERAL GYMNASTICS DEVELOPMENT MEETING MINUTES 30<sup>th</sup> January 10.30AM**

### **1. Welcome & Introduction.**

#### Present

Lisa Davis – NLGA  
Kirstie Whittles – Phoenix  
Charlotte Barker – Aireborough  
Rachel Revell – Brumby  
Helen Monks – Rothwell  
Kirsty Thornton – TK Gymfit  
Bonnie Samuels – TK Gymfit  
Paul Foster – Astre  
Emma Ferriday – City of Sheffield  
Jacqui Blesic – Greenhead  
Jane Townend – Temple Newsam  
Dorothy Wood – Nidderdale  
Allison Hickling – Allegro  
Kate Storr – Grimsby  
Heather Clough – Stocksbridge  
Christine Bowker – Greenhead  
Peter Brooke – Goole GC  
Emma Jarvis – YCCF  
Josie Beatson – SIV  
Evie Dyson – Eclipse  
Rick Brady – Brumby  
Kathryn Cooper – Stocksbridge (Judge)

## Apologies

Tracy Ashton

Kayleigh – Ecco

Gemma Mitson – Utopia

Susan Shaw – Barnsley Premier

## **2. Approval of Minutes from Development Meeting 12<sup>th</sup> Sept. 2021**

Approved by majority show of hands – no objections

## **3. Update from BOC – report from HM**

- The BOC are currently seeking to fill the new role of Professional Standards Officer. The role is open to anyone with Welfare Officer training. If you are interested in the role or have any club members that may be interested in applying for the role, contact me (Helen Monks) directly.
- The number of clubs require to call SGM had previously been reduced to 5%. It has now requested that this is returned 25% by the BOC to follow a request by another section. YGA GG will need to call an SGM to change its terms of reference and provide notice for its member clubs to attend.
- The BOC is now concentrating on the by-laws that govern the sub-committees.
- British Gymnastics is requesting the details (Names/Committee Role/Club) for the members of the committees and this will be forwarded to CB.

## **4. Executive Officers Update**

### **Finance (KW)**

- We've had some difficulties setting up the signatories on the bank account. This has now been resolved and it is expected that all the Executive Committee members will be signatories within the near future
- There was an error on the BG entry system for the last competitions, it incorrectly charged some clubs so additional work will need to be completed to ensure all revenue was collected
- There are some clubs that haven't yet sent payment for the finals of the Yorkshire heats held at Dronfield in November. These clubs will be sent emails reminding them that payment is overdue, and it needs to be settled as soon as possible.
- The account balance is currently around £15,500.00. We expected to make a loss at the Christmas competition but the profit from the heats, finals and previous competitions have compensated for some of the losses made. The final figure is being calculated and will be reported at the next meeting.

### **Website (CB)**

- The criteria for the 4PC needs updating to the new GG layout.
- Competition Calendar will be posted as soon as dates have been agreed on.

### **Boys (KS)**

- The first boy's competition went well, and we hope to encourage more participation this year. I will forward the minutes from the last men's meeting on to Lisa. MA are holding a Floor & Vault comp on 1<sup>st</sup> May 2022.

## **Education & Development (ED)**

- I am still trying to speak to BG about courses and course information. There is a couple of L2 WA courses, but places are being filled quickly. There are courses taking place, but they are out of region.
- It was discussed that more dates for course may be coming forwards now that competition dates have been put in the calendar and the tutors can provide dates to BG that they are free to work.
- They're currently working on clearing the back log of examinations that got put off / cancelled due to covid.
- You will need to put forward new candidates to BG as they won't organise courses where no interest is being shown (PF)
- AH expressed a concern with regards a response from BG regarding an assessment of her level 1 coach. The advice was to either request more information from BG to help understand the reasons for a deferred result or alternatively lodge an appeal.
- assessor.

## **5. 2021 Teams Competition Review**

We've received an email report from Kirsty Thornton regarding the Christmas comps.

- We really need two panels of judges on vault and floor.
- All the participants enjoyed it and had a wonderful time.
- The ribbons for high scores and high performance were well received.
- Thought we might need to look at the number of skills on beam and floor.
- It went really well and agreed that we need more judging panels.
- The F & V kids really enjoyed it (JB)

On the whole the competition was well received, and everyone enjoyed the Christmas theme.

## **6. GG Full Criteria Review**

### **Floor Review**

- A request was made to consider extending the length of the music allowed for the floor routines. (JT)
- Some discussion took place. Points raised included
- GG music length has always been between 45 – 75 seconds (LD)
- The standard music length on YouTube is 90 seconds (JT)
- Less is more, they're not doing multiple large tumbling passes and don't really need the longer music (HM)
- 60 seconds is more than enough and especially with artistry deductions (CB)
- Should we put this to a vote? (Lisa D)
- I also struggle to get floor music and rely on YouTube. 60 seconds is ok for the little ones, but the older gymnasts and the ones with more dance experience want to do a little bit more (JB)
- I use I Tube to help cut floor music to the correct length (RB)
- Could we set the music length by level? So, Intro & Inter have 60n seconds and Adv & Adv+ can have up to 90 seconds? (RR)
- We don't want to make it more complicated than it needs to be (LD)

- We could use the terminology in the criteria. For example, music should be between 45 and 75 seconds but there is no penalty for music up to 90 in length (JB)
- Will allowing up to 90 seconds cause any delays to the competition timings? (AH)
- It may have some impact but on the whole it is not expected to have a major impact on timings (LD)

It was put to the vote to decide if we should keep the guidelines of 45s-75s but that a piece of music up to 90s would be allowed without penalty.

#### **Passed with majority show of hands**

- In the intermediate they can back walkover on floor but not front walkover. Can this be added? (CB)
- ½ turning hops (1/2 turning hop with optional leg position) – could this be added as part of the dance elements across all levels? (JB)
- Could the number of skill be reduced from 8 to 6 for beam and floor at Intro & Inter? (KT)
- We've always had 8 skills across all levels on floor and we plan to discuss beam separately (LD)
- I judged at the F&V finals in November and was impressed. 8 skills didn't seem too many. (CB)
- We've always been a GG club, and this was our first time competing at 4PC and we struggled with 8 skills on beam, but we are happy with 8 skills on floor (JT)
- Are there any deductions for short routines? Does it apply at 6 skills? (JB)
- There are deductions for missing skills (0.5) per skill + (0.1) and possibly an extra (0.5) if the skill is a required category (LD).
- Shall we keep the number of skills on floor as it is and we will look at bars & beam as we come to them? (LD)
- **Majority show of hands passing:**
  - **Remain 8 at skills on floor**
  - **Front walkover at intermediate level**
  - **½ hop as dance element across all levels**
  - **Round Off at intermediate level (CB)**
  - **Free cartwheel/ side salto added to the boy's floor criteria (JB)**
- Free cartwheel is not traditionally a skill you would see performed in Men's (LD)
- It's in the Men's syllabus (CB)
- Side Salto is a similar move. It's in the MA L3 syllabus (EJ)
- It's in the GG L3 syllabus (KW)

#### **Vault review**

- We already have a lot of options to choose from (Lisa D)
- Layout vaults (i.e., layout squat through and layout straddle vaults) Is there a deductions for not getting the layout? (CB)
- I down grade the vaults and judge as just a squat or straddle vault if they don't get to horizontal in the layout (RR)

- I look at the position of the springboard and make the distinction on that basis, as it's not going to layout if the board is too close to the vault. I judged at the heats and judged them as squat and straddle vaults (RB)
- I did the same as Rick (Kirstie W)
- We need to make it easier for the clubs and think about the judges at the same time (LD)
- I felt that clubs were going for the higher tariff vaults just to get the higher DV score (KW)
- Could we give a bonus for hitting the layout position? (HM)
- Could we have variations of this? It easier to make deductions than give a bonus (CB)
- A discussion over the giving of bonus rather than the removing of tariff took part
- We could remove the tariff of 13 and give bonus for getting the layout position and have diagrams for the judges so they know what bonus to award? (LD)

#### **Voted and passed with majority show of hands**

- Could we add a half turn on entry / exit to handspring vault and keep the tariff at 14? This is covered at L3 GG (CB)
- Is there handspring to stand on mats? The ½ on or off tends not to be any better than the handspring vaults (CB)
- We can put this in at Adv+ ?(LD)
- **Voted and passed with majority show of hands**

#### **Beam Review**

- Prior to the competition we had Intro & Inter with 4 skills and Adv & Adv+ with 5 skills on Bars. The WA Zinc have no deduction for a short routine and gymnasts could have done 3 skills. Is everyone happy with the number of skills on bars? Should we be comparing ours to other sections? (LD)
- There's a good variety of skills but we're finding it difficult to sort routines for Beam & Bars for Adv & Adv+. The number of skills is difficult to achieve in the training time and maintain F & V skills (JT)
- We ran the 4PC last year always with the understanding that it would be reviewed after the first comp so that is what we can do today (LD)
- We have gymnasts that pick-up bars and beam skills quicker than F & V. We've tried not to take it too seriously and make it more about the experience of a 4PC comp. (JB)
- We're finding that the jump from Adv & Adv+ F & V to Adv & Adv+ 4PC is a big jump and we're finding that the bars and beam skill aren't always at the same level as the F & V skills (JT)
- Can Adv & Adv+ F & V not enter bars and beam at a lower level? (JB)
- Not sure if that might make it harder for others to understand and confuse the judges (LD)
- Some of the beam skills were quite advanced and were at a higher level and need a WA L3 coach to train & compete (CB)

- The skills that were included in the criteria were put in at the request of our clubs, and if those clubs have coaches that are qualified to teach those moves, then they are entitled to put them in the routines was our approach (LD)
- There's plenty of choice in the criteria but I do understand Christine's point of view (JB)
- Could we reduce the number of skills on beam? We're find 8 skills at intermediate level quite challenging (KT)
- We could reduce the number of skills on beam to 6? (JB)
- We have 6 categories; we could change it to 4 out of 6 CR to get full SV? (LD)
- That will bring it more in line with WA and be better for us (KT)
- I propose that we change it to you have to have 4 out of the 6 CRs to achieve full start value if you are all happy with that?(LD)

#### **Passed majority show of hands.**

Split handstand is in the criteria at the higher level but handstand in the lower level. (JT)

- We can amend it to handstand with optional leg position? (LD)
- **Passed with majority show of hands**
- Is the front Salto on beam take off from one foot or two? (JB)  
It can be either as it does not specify (LD)

#### **Bars review**

- Do we keep it as is or change the number of skills requires? (LD)
- The number of skills on bars are ok (JT)
- Is there the option to do the same as beam with having to hit so many of the CR categories to get the full SV? (RR)
- No, there are only 3 categories in the bars criteria (CB)
- Some of the skills in the GG criteria are not classed as skills in WA (KT)
- Should we have just 4 skills on bars? (KT)
- Could we have 4 skills and then a bonus for completing 5 skills? Do we want a bonus for using the high bar? (LD)
- I love the idea of having the bonus but would prefer to give it for transitioning from low bar to high bar (JT)
- How much should we give as bonus? 0.5 or 1.0? (LD)
- 4 skills on bars with 0.5 bonus for completing 5 skills?

#### **passed with majority show of hands**

### **7. 2021 4PC Individual Review (Novice Zinc)**

- After discussions (including those with BG) including checks that is was appropriate to use the criteria with tweaks, we held this competition in Dec 2021. Considerations included it could be a pathway for transitioning between GG and

- WA, and also provide a competition for those that missed out due to covid and didn't feel ready to jump straight into the new WA programme (LD)
- We're looking for volunteers for a working group to look at where GG ends and where we can begin a 4PC Novice GG criteria. Ideally, we'd use our GG criteria and the Zinc as a base and work from there? (LD)
  - I would like to be involved in this (CB)
  - Other individuals who offered to get involved with compiling some criteria included Kirsty T, Bonnie S, Josie B, Charlotte B & Heather C.
  - When the minutes are put out any others who wish to join us to help are welcome (LD)
  - Who did you speak to at BG about using the Zinc criteria? (PF)
  - Our contact at BG was Jack Duggan, and he checked with his superiors that it would be ok for us to use the Zinc criteria and use the name Novice Zinc for our 4PC individual competition (LD)

### **8. 2022 Competition Calendar**

- MA F&V comp at Barnsley is very close to our Boys F&V comp. Could we delay it for 3 months? (CB)
- No, that doesn't give them anything to work towards (JT)
- The venues are TBC, and I will be emailing host clubs to check availability. Other clubs are welcome, as always, to put themselves forwards to host our events. (LD)
- Some of the clubs will have only been back in training a few weeks before the competition dates. Can we set them far enough back that they get a few more training sessions in? (DW)
- A discussion followed trying to agree as best as possible dates to work well for the community.
- GG Dates proposed are:
  - Sunday 24<sup>th</sup> April 2022** - F & V Heat (Individual + Teams)
  - Sunday 22<sup>nd</sup> May 2022** - F & V Final (Individual)  
& Boys (Individual + Teams)
  - Saturday 25<sup>th</sup> June 2022** - 4 PC Apparatus Comp?  
(comps to replace the Novice Zinc & Novice Zinc + - individual comps)
  - Sunday 26<sup>th</sup> June 2022** – 3 PC & 4 PC using 2021 criteria with updates  
(Individual comps)
  - Sunday 15<sup>th</sup> October** - F & V Heat (Individual + Teams)
  - Sunday 6<sup>th</sup> November** - F & V Final (individual)  
& Boys (Individual + Teams)
  - Sunday 4<sup>th</sup> December** - 4PC Christmas Comp (GG Teams – each gymnast to compete on 2 PC apparatus as in 2021 Xmas Comp)

Date for working party to meet to be circulated to those who have volunteered to assist.  
 Next meeting date to be set following setting of additional criteria to discuss.  
 Meeting Closed 1.15pm.